



Your Employee Assistance Program

Available 24 hours a day, your Employee Assistance Program is a free, confidential program to help you balance your work, family and personal life.

The EAP can help with:

- Work/Life Balance
- Depression/Anxiety
- Substance Abuse
- Preparing for Retirement
- Emotional & Psychological Issues
- Stress & Time Management
- Legal & Financial Difficulties
- Family & Marital Problems
- Child/Elder/Adult Care Issues
- Healthy Lifestyles

Call Today for Free Confidential Assistance.



(866) 327-2400

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eap@deeroaks.com



Life Can Be Hectic.

The EAP Can Help You Find Your Balance.