



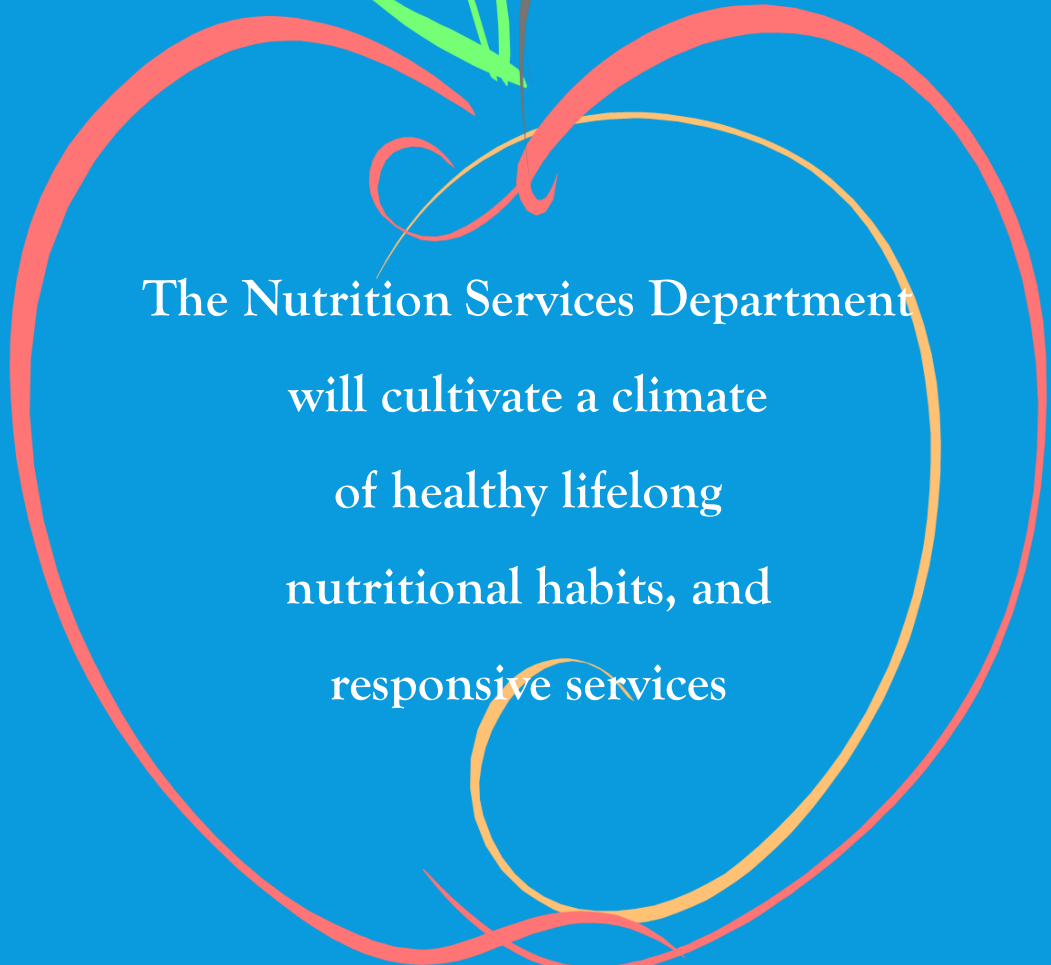
NUTRITION SERVICES DEPARTMENT

Carol Noonan

Director Nutrition Services



NUTRITION SERVICES MISSION STATEMENT



The Nutrition Services Department
will cultivate a climate
of healthy lifelong
nutritional habits, and
responsive services



OVERVIEW OF SCHOOL NUTRITION SERVICES

- Nutrition Services is funded by the U.S. Department of Agriculture
- USDA Establishes Regulations & Guidelines; Monitored by DESE
- LPS Nutrition Programs Include
 - Universal Free Breakfast Program in all Schools - Average Daily Participation: **8,529**
 - Universal Free Lunch Program in all Schools - Average Daily Participation: **10,230**
 - After School Snack Program – Average Daily Participation: **2,000**
 - Dinner Program at Lawrence High School Campus – Average Daily Participation: **230**
 - Summer Meals Program in strategic school sites as well as City Pools, City Parks, City Housing Complexes, Boat House, Boys & Girls Club – Average Daily Participation: **3,422**





USDA MEAL PATTERNS AND REQUIREMENTS



Breakfast

- Fruit: 1 cup per day
 - *1 cup offered per day, students required to take ½ cup*
- Grains & Meat/Meat Alternative
 - *All grains must be whole grain rich*
 - *Grades K-5: 1 ounce eq. min daily (7-10 ounces weekly)*
 - *Grades 6-8: 1 ounce eq. min daily (8-10 ounces weekly)*
 - *Grades 9-12: 1 ounce eq. min daily (9-10 ounces weekly)*
- Milk
 - *1 cup: fat free or 1% low fat*



Lunch

- Fruit/Vegetable : 1 cup per day
 - *1 cup offered per day, students required to take ½ of fruit or vegetable.*
 - *Weekly requirements for dark green, red/orange, beans/peas, starchy and others*
- Meat/Meat Alternative
 - *Grades K-5: 1 ounce eq. min daily (8-10 ounces weekly)*
 - *Grades 6-8: 1 ounce eq. min daily (9-10 ounces weekly)*
 - *Grades 9-12: 2 ounce eq. min daily (10-12 ounces weekly)*
- Grains
 - *Grades K-5: 1 ounce eq. min daily (8-9 ounces weekly)*
 - *Grades 6-8: 1 ounce eq. min daily (8-10 ounces weekly)*
 - *Grades 9-12: 2 ounce eq. min daily (10-12 ounces weekly)*
- Milk
 - *1 cup: fat free or 1% low fat*



USDA MEAL PATTERNS AND REQUIREMENTS



Dinner (LHS)

- Fruit/Vegetable : 1 cup per day
 - *1 cup offered per day, students required to take ½ cup of fruit or vegetable.*
 - *Weekly requirements for dark green, red/orange, beans/peas, starchy and others*
- Meat/Meat Alternative
 - *Grades 9-12: 2 ounce eq. min daily (10-12 ounces weekly)*
- Grains
 - *Grades 9-12: 2 ounce eq. min daily (10-12 ounces weekly)*
- Milk
 - *1 cup: fat free or 1% low fat*



Mobile Market

- Partner with Greater Boston Food Bank
- Available to all families of Lawrence Public Schools
- Families receive 50-60 pounds of food, including fresh produce
- Occurs once a month, year round
 - December 14, 2019
 - January 11, 2020
 - February 8, 2020
 - March 14, 2020
 - April 4, 2020
 - May 16, 2020
 - June 13, 2020





USDA STANDARDS AND REQUIREMENTS



🍴 Summer Meals Program

- ❑ Provides free meals for children ages 1-18 across 31 sites

14 - Schools

9 - Enrichment programs

4 - Housing complexes

3 - Boating and Pools

1 - Boys/Girls Club

- ❑ Summer of 2019: participation **28,730** breakfasts

67,713 lunches

5,668 snacks





NUTRITION SERVICES DEPARTMENT PARTNERS



Partners

UMass Extension.....Provides Nutrition Education to staff and students

EOS Foundation.....Wires Breakfast After the Bell Initiatives

Project Bread.....Supports our efforts in recipe development

Greater Boston Food Bank.....Sponsors our Monthly Mobile Market

UMASS MASS-Teri.....Provides on-line education modules for Staff

John Stalker Institute.....Provides Allergen Awareness Training and more



BREAKFAST IN THE CLASSROOM





BREAKFAST IN THE CLASSROOM





LUNCHES





LUNCHES





LUNCHES





Thank you

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